

# aspira clip<sup>®</sup>

med

## Relief for cold symptoms

Germes easily multiply in the human body and cause recurrent infections; for instance when the immune system has no time to regenerate because of stressful situations at work or at home. Through droplet infections, the viruses get to the respiratory mucus, where they multiply easily due to the body's weak defence system. A swollen nasal mucous membrane is then often the first reaction of the immune system. Typical infection-related symptoms would also be exhaustion, fatigue and headaches. The special composition of aspiraclip<sup>®</sup> med's essential oils can already help against the very first signs of a cold like a blocked or runny nose, coughing, a sore throat and headaches. The germ-inhibiting qualities of the essential oil mix can also strengthen the immune system during an already existing infection and hence support the body by fighting viruses and bacteria.

A preventive use in overcrowded spaces or while travelling can be useful to prevent any contamination.

**Read all of this leaflet carefully before you start using this product.**



This leaflet is designed to be read prior to using aspiraclip<sup>®</sup>. Use this product according to the information provided by this leaflet.

Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist. If the symptoms worsen during the use of the medicinal product or no noticeable improvement occurs after 3-5 days, a doctor or a qualified healthcare practitioner should be consulted. If you get any side effects, talk to your doctor. This includes any possible side effect not listed in this leaflet.

## MINI-INHALER

**This leaflet contains:**

1. What is aspiraclip<sup>®</sup> med and what are the therapeutic indications?
2. Contraindications and other precautions for use
3. Posology and method of administration
4. Possible side effects
5. Special precautions for storage
6. Maintenance of aspiraclip<sup>®</sup>
7. Further information

### 1. WHAT IS aspiraclip<sup>®</sup> med AND WHAT ARE THE THERAPEUTIC INDICATIONS?

The mini-inhaler, made out of skin-friendly medical silicon, has two reservoirs filled with three essential oils: eucalyptus, thyme and ravensara oil.

**aspiraclip<sup>®</sup> med is used:**

For relief of the symptoms of a blocked nose  
Against symptoms of a cold and recurrent respiratory infections

### 2. CONTRAINDICATIONS AND OTHER PRECAUTIONS FOR USE

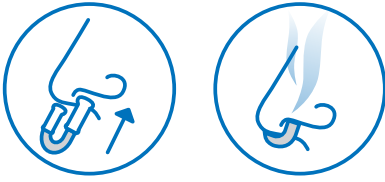
**Do not use aspiraclip<sup>®</sup> med if you are**

- a patient with hypersensitivity to eucalyptus or any of the other ingredients
- asthmatic or if you suffer from any other respiratory disease
- pregnant or if you are breastfeeding
- Not suitable for children under 6 years.

Avoid contact with eyes.

### 3. POSOLOGY AND METHOD OF ADMINISTRATION

Always use this product according to the information provided by this leaflet. If you are not sure about anything ask your doctor or chemist. If necessary, free your nose from any mucus, then insert the



mini-inhaler as shown in the picture, while breathing normally.

Keep the aspiraclip® between uses in the provided storage box and keep it shut. aspiraclip® is for personal use only and should not be shared with another person.

#### 4. POSSIBLE SIDE EFFECTS

- Hypersensitive patients may encounter coughing fits, apnoea and/or bronchial or lymphatic cramps. Frequency not known.
- Irritated nasal and/or eye mucus possible. Frequency not known.
- No research has been made on interactions with other medicinal products. No interactions are known.
- No effects on the ability to drive and use of machines are known.

#### What to do in case of side effects?

If you think you have any of the above listed side effects, stop using this medicine immediately and see a doctor. If you notice any allergic reactions (facial, buccal or throat swelling, breathing difficulty), see a doctor as soon as possible. This also includes any side effects not listed in this leaflet.

#### 5. SPECIAL PRECAUTIONS FOR STORAGE

- Store the mini-inhaler in the provided storage box and keep it shut. After opening the package, aspiraclip® med will expire after 21 days.
- The date of expiry is printed on the package. It refers to the last day of that month. Do not use this product after this date.
- Keep away from light and store below 25°C.
- Keep out of reach of children.

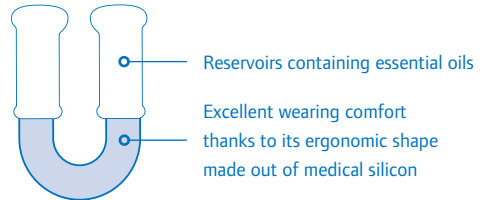
#### 6. MAINTENANCE OF aspiraclip®

After use remove from any discharge with a tissue. If necessary, use a disinfection wipe.

#### 7. FURTHER INFORMATION

The ingredients in the aspiraclip® med reservoirs are a mix of eucalyptus, thyme and ravensara oil.

#### Silicon clip for nasal use, containing 2 x 0,045 ml essential oils in its reservoirs.



#### Dosage form and package size

1 package containing 1 aspiraclip®



aspiraclip® is patent-registered and made in Germany.

#### Manufactured by:



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Date of expiry

**Date of revision of the text: June 2017**